



## ABOUT BUDS ON THE BAY

Buds is a laid back dockside diner, situated in the heart of the Durban harbors' industrial area of Bayhead.

The restaurant's philosophy is about lifestyle issues where long lazy lunches, tall stories and a well stocked bar is the order of the day. If you are not in a hurry, a popular way of eating is to order one dish at a time, and everyone shares. This way you don't have to plough through one big meal that goes cold on you, and you get to taste a variety of dishes. Eating and drinking slowly is much more sociable, healthier, and the perfect antidote to today's fast paced lifestyle.

The food philosophy borrows a lot from the Vietnamese, where the food is cooked simply and served with a variety of sauces that enhance, rather than dominate the flavors.

This lends itself to 'food tastings' where you can experience tastes in the same dish and the manner of eating can greatly influence the taste. This concept is perfectly illustrated with the Caprese salad and Pestos and is great for a long lazy lunch, with a suitable drinks menu, of course!

## **A SHORT HISTORY**

Having grown up as a farmer and attended Weston Agricultural College (and later Natal University) Bill Budd decided he needed a bigger farm (preferably up the North Coast).

A restaurant seemed the easiest way to generate the necessary cash and so Legends Late Nite Restaurant was born.

After 23 years and a dozen other restaurants (the idea of farming was long forgotten) a change in direction was needed. No more shopping malls, high rent or hustle and bustle and so the Prawn Shack and Bud's on the Bay saw a change of direction to unique, out of the way venues, with a laidback lifestyle and a somewhat different take on the food experience.

Long lazy lunches then became the order of the day. The philosophy being that instead of one big meal, (lack of variety and gets cold quickly) we serve a variety of small portions over an extended period, leaving guests free to mingle and socialize whilst good music, and our unique setting gets the party going.

Having had a travel agency and travelling extensively for many years Mexican, Thai and Vietnamese became firm favorites for both their food and lifestyle. As a result our food style generally involves fresh ingredients, cooked simply and accompanied by a variety of light sauces.

As Bud's and Prawn Shack are pretty good watering holes, a good drinking philosophy is essential. Combine this with great music and the concept of Food, booze and music tastings was born (see FBM).

Ultimately its an excuse for ongoing 'market research' so there is always something new and exciting on offer.

## TOWARDS A NEW PHILOSOPHY

Having been in the mainstream restaurant business for 23 years, the move to a more laid back lifestyle has paid off with unique businesses set up with the express purpose of relaxing with friends and telling tall stories

This has led to a intrepid band of adventures, who gather most Tuesdays, who actually live out some of the taller stories, like motorbike trips through Africa, running a cooking school in Thailand etc.

Watch this space for more madcap adventures and a summary  
of our philosophical ponderings!!!

